

EXHIBIT L

The Hallowell Center

144 North Road Suite 2450 Sudbury, MA 01776

Psychiatric Progress Note

Patient: DeLaire, Fr. George F. D.O.B.: 3/7/1966Date: 9/20/21 [] office visit _____ min. [] phone call-time: _____ mins.

CC: _____

can let any more come onto his place
 not really re intellect, ramp to be done -
 more motions to be dealt
 ① Mom in family x 4mo, coming home
 ② Bishop in NH accused → SA in past. Only administrator
 left is Fr - so must wait time
 ③ Admin of uncle's estate in Fr; dealing c sister
 ④ law suit - exposed his family
 Take Klonopin more regularly - one - 2 x weekday, often more

Energy: tired

Appearance: _____

Exercise: regularFocus: good

Affect: _____

Mood: stressedMedications: Klonopin 0.25mg - most 3x dAnxiety: highSI/HI/AH/VH/Del: φSubstance Abuse: φ

Medical Issues: _____

Weight: stableSleep: OK 2 ammen at times

Side Effects: _____

Appetite: ne

Impression:

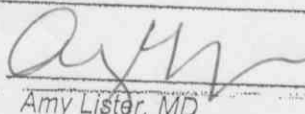
ADHD continued
QAD
mod rec mod - mod

Plan:

Δ Klonopin to 0.5mg PO BID pm anxiety
continue all other medications

Follow up: 2-3 mo

Current Therapist: _____



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Last summer - sat down c bishop

Article
Jan 17-2019
winter spring
2019

Car - confident that attys
fully being defended by defense 10/13

Friday before - practice x 4 hrs
my sought to get car dismissed (they lost)

Prosecutor recommended
after article that
he get prosecutor

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Psychiatric Progress Note

Patient: Georges Del'aire D.O.B.: _____Date: 6/12/19 [☒] office visit 35 min. [] phone call-time: _____ mins.

cc: We been off ~~Ritalin~~ - I'm a mess. It took some time for the prior authorization to be approved. Opportunity to see how he does on ~~stimulant~~. Note he would prefer not to skip it regularly. Prior auth ok now + will get medication today.

Mother now home, but continues to take care of her affairs from afar.
Continued

Energy: lotsExercise: regularFocus: goodMood: euphoricAnxiety: stable, med, more on deep in pushSI/HI/AH/VH/Del: 0Substance Abuse: 0Medical Issues: no acute

Weight: _____

Sleep: goodAppetite: goodAppearance: well groomedAffect: flat

Medications: Ritalin LA 20mg QAM
Ritalin 10mg PO BID
clonaz 0.5mg QD pm (#15/mo)
duloxetine 60mg PO QD

Side Effects: _____

Impression:

ADHD continueother specified ans

Plan:

continue current medsFollow up: 3 mo

Aly
 Amy Lister, MD

The Hallowell Center

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Psychiatric Progress Note

Patient: Georges Delani D.O.B.: _____Date: 3/13/19 [X] office visit 45 min. [] phone call-time: _____ mins.CC: I've had a very different month or 2

- life threatened multiple x in Jan (related to legal work he does)
 - return of slander on internet
 - mother moved in
 - was in France - good & stressful
 - a few confuses; afraid to drink
 Few details given, but overall ok, doing what he needs to do. Doing on his & family - stressful eating

Energy: restless
 Exercise: little
 Focus: on

Appearance: _____

Affect: _____

Mood: overwhelmed
 Anxiety: high
 SI/HI/AH/VH/Del: _____
 Substance Abuse: at
 Medical Issues: knee issues
 Weight: "a little up"
 Sleep: OK - not as good as past
 Appetite: good

Medications: Risperidone 2mg ODRisperidone 10mg BIDDuloxetine 60mg ODClonaz 0.25/0.25 BIDSide Effects: mostly none - Bizarre
instead of drowsy

Impression: ADHD combine ch meds working well, may less
anxiety also than in past

Plan: increase Risperidone Continue current meds, also

Follow up: 3 mo

Amy Lister
 Amy Lister, MD